

TUESDAY

12 MARCH 2024 | 17.30 - 18.30 CET

# “Taming The Time. Time Management For Chessplayers.”

Lecture and discussion with  
GM Ján Markoš

European female chess players of all ages and all rating groups are welcome to join our online lecture which will take place via zoom.

Zoom link will be announced after complete registration.

To save your free place please send your full name and your country to [womenchess@europechess.org](mailto:womenchess@europechess.org)

Everyone is welcome!



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“How to handle one of the most stressful, but at the same time an exciting part of the game?”



Do you often end in unpleasant time-troubles? Are you experiencing difficulties when deciding which move to play? Are you daydreaming behind the chessboard? Then this lecture is for you. We will speak about **how to decide effectively, how to avoid time-trouble, but also how to use the time of your opponent.**

As a result, you will learn how to make better and quicker decisions.

Ján Markoš is a Slovakian chess author, trainer, and grandmaster.

His book “Under the Surface” was the English Chess Federation’s 2018 Book of the Year. His last book, “The Secret Ingredient”, co-authored with David Navara, focuses on the practical aspects of play, e.g. time-management over the board, how to prepare against a specific opponent, or how to use chess engines during the training process, and was awarded the FIDE Averbakh-Boleslavsky prize in 2021.

Markos was the U16 European Champion twenty years ago. At present he helps his pupils from several continents to achieve similar successes. Apart from focusing on the royal game, he is also the author of several non-chess books, focused on critical thinking, moral dilemmas, and phenomenology.